



Are You Suffering From Gum Disease?

Do you believe your Dentist when they say that rubbing a piece of string (floss) on the infection will cure it?

Hello. This is Tom Spaulding, President of Oral Breeze. I know about gum disease because I suffered from it for years. And I know about treating it because I invented a home remedy that worked for me and 1000's of others.

*Let's take a frank look at gum disease
and a solution that might be right for you.*

Getting Gum Disease is Self-Inflicted

In almost all cases [gum disease](#) is a self-inflicted ailment caused by improper cleaning of the teeth and gums.

- Food trapped under the gums combines with bacteria to create plaque, a “toxic stew” that irritates the gums and makes them bleed.
- This colorless film of sticky material containing food particles, bacteria, and saliva attaches itself to the tooth above and below the gum line encouraging advanced gum disease and tooth decay.
- Then plaque, the “toxic stew,” hardens into tartar (calculus) in just 24 hours. By then the damage is done - only a dentist can remove tartar. Each day this “contaminated crust” grows and inflames the gums.
- That's why you need to remove plaque every day, no matter what, to avoid advanced gum disease. But brushing alone does not remove the plaque.

Curing Gum Disease is Self-Directed

The good news is that you can also be responsible for reversing and preventing all but the most serious forms of [periodontitis](#).

- Regardless of what happens in the dental chair, it's what happens in your bathroom that determines the success or failure of your gum disease treatment.
- Unfortunately, most home remedies such as salves and creams merely treat the inflammation symptoms and don't remove the popcorn kernels or the plaque build up that ultimately leads to gingivitis and periodontitis.
- Reversing and preventing gum disease is all about daily plaque control.
- That means, in most cases, stopping the plaque in your mouth is really in your own hands. Brushing every day is a good start, but it is not enough.

Oral Irrigation is an Effective Gum Disease Treatment

Dental professionals recommend [oral irrigation](#) as an effective way to implement daily plaque control.

- Attaching to a water source such as a sink tap, oral irrigators flood the mouth and gum pockets with a jet of water under pressure to flush offending food particles and bacteria from below the gum line.
- In fact, research at the UNMC College of Dentistry, Lincoln, NE indicates “that when combined with brushing, oral irrigation is an effective alternative to brushing and flossing for reducing bleeding, gingival inflammation, and plaque removal.”
- Some Dentist's still recommend flossing. The site of the infection is anywhere from 4 to 10 mm deep in the gum tissue. Your teeth are not infected, your gums are. The floss will reach 2 or 3 mm at most. The big question here is, “How does rubbing a piece of string (floss) on my tooth cure an infection deep into my gums? If I told my Doctor I was gong to rub string on the infection on my arm to cure it, he would have me committed.
- We bandage and put dressings on wounds to keep them clean and prevent infection. You must keep the infected site clean on a daily basis. Floss will not do it.
- Oral irrigation is effective for another reason. Unlike flossing, irrigating is a pleasant experience you will want to repeat every day. And it takes only 15 seconds.

If You Choose Oral Irrigation, Choose Oral Breeze

The [Oral Breeze family of personal oral irrigators](#) is the leading, affordable home remedy to treat and prevent gum disease.

You can choose Oral Breeze oral irrigators with confidence:

- Oral Breeze products have been treating gum disease worldwide since 1997

- Each Oral Breeze product comes with a 30 day no-questions-asked guarantee
- Oral Breeze oral irrigators are supported by a lifetime warranty

To discover which Oral Breeze product is right for you
click the product links at the top of this page.

Wishing you perfect dental health,

Tom Spaulding
President and former gum disease sufferer

Dentist Testimonials:

- [Charles Reinertsen, DMD](#)
- [Gary W. Edgar, D.D.S.](#)
- [W.W. Daniels D.M.D.](#)
- [Tom Morgan D.D.S.](#)
- [Evan D. Schafer, DDS](#)
- [John Y. Kwan, DDS](#)
- [Beverly Thurmond, D.D.S.](#)
- [R. Thoen DDS](#)
- [Mark Mao DDS](#)
- [David Hall DDS](#)

Hygienist Testimonials:

- [Teresa Smith, RDH](#)
- [Elaine Casados RDH](#)
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